

WELCOME – CLIENTS

We at Lighthouse Counseling and Sand Play Training Center would like to welcome you back into our offices as we slowly return to our new normal.

These have been stressful times, but stressful times can also be opportunities for new insight and growth. We hope to facilitate that for all of our families as we move forward.

We will be moving slowly and each therapist will be scheduling in-office appointments as they see fit and will be in touch with you with appointment times. However, if you want to continue to use Telemedicine, you are welcome to do so.

We know that there is a great amount of anxiety about being out and about in company of others after months of isolation so we want to inform you of the safety changes we have initiated.

- The front door will be locked.
- Clients will be called from their car when therapist is ready for them. For those with children, the children will be taken to the door of the waiting room to be met by the therapist and parents will return to their car and will be notified when the child is finished. Parents will then come to pick up their child.
- Clients are responsible for taking their temperature before coming to ensure that they are well enough to attend. If the temperature is over 99.5, no entry will be allowed. If client has been sick within the past week or has been in contact with someone with COVID 19 they must not come in to the office.

- Masks will be worn by all who come to the office.
- In the offices we will have large plexiglass screens between the client and therapist so that masks can be removed if client is comfortable.
- All knobs and touched surfaces will be sanitized between appointments.
- In the use of sand, we will have many more sand trays so that each person will use a tray and a new one will be used for the next person. We will sanitize the sand and set it apart for at least 24 hours before reuse. Hands will be sprayed with sanitizer before the session and the pieces used will be sanitized before next use. Gloves will also be available for use and masks will be worn when choosing pieces.
- There will be a new traffic pattern. Clients will enter the office as usual; be greeted by the therapist; taken to the office. After the session the client will be taken out through the back door, off the kitchen to exit through the other door to the outside. This will eliminate clients passing each other in the hallway.
- Sessions will be scheduled to begin at 10 minute intervals for same reasoning.
- When and whether you return to the office is a decision to be made by you and your therapist.
- Payment will be done remotely either through a card left on file or a Venmo payment made to your therapist.
- **Use of bathroom is at your own risk. Children under 14 not allowed in bathroom unaccompanied due to risk of COVID transmission.**

All of this may seem awkward right now, but we will power through until it becomes routine. Being able to be a support to you during these stressful times is our priority and establishing safety for that support will require changes in procedures.

If you have any questions or concerns please contact your therapist.

And STAY SAFE!

CLIENT NAME/SIGNATURE

DATE

PARENT NAME/SIGNATURE

DATE

WITNESS

DATE