

WELCOME TRAINEES

We at Lighthouse Counseling and Sand Play Training Center would like to welcome you back into our offices as we slowly return to our new normal.

These have been stressful times, but stressful times can also be opportunities for new insight and growth. We hope to facilitate that for all of our trainees as we move forward.

We know that there is a great amount of anxiety about being out and about in company of others after months of isolation so we want to inform you of the safety changes we have initiated:

- The front door will be locked.
- Trainees please text your trainer from your car when you are in the parking lot. Please wait until you hear from your trainer to come to the front door to enter, wearing a mask/face shield.
- Trainees are responsible for taking their temperature before coming to ensure that they are well enough to attend. If the temperature is over 99.5, no entry will be allowed. If a trainee has been sick within the past week or has been in contact with someone with COVID 19 they must not come in to the office. If you are under the weather you may video in for the group.
- Hands are required to be sanitized once entering the office and again before touching any pieces.
- Masks/face shields will be worn by all who come to the office.
- Each individual office will have large plexiglass screens. When working one on one, mask/face shields may be removed if both participants are comfortable doing so. When trainees are in the group room, masks/face shields must be worn.
- All knobs and touched surfaces will be sanitized between appointments.
- In the use of sand, we will have many more sand trays so that each person will use a tray and a new one will be used for the next person. We will sanitize the sand and set it apart for at least 24 hours before reuse. Hands will be sprayed with sanitizer before the session and the pieces used will be sanitized before next use. Gloves will also be available for use and masks/face shields will be worn when choosing pieces.

- There will be a new traffic pattern. Clients/trainees will enter the office as usual; be greeted by the therapist/trainer; taken to the office. After the group trainees will be taken out through the back door, off the kitchen to exit through the other door to the outside.
- Payment will be done remotely either through a card left on file or a Venmo payment made to your therapist.
- **Use of bathroom is at your own risk.**
- Please feel free to wear as much PPE as you fee comfortable. Mask or face shields are **required**.
- Please bring your own pen for the training to sign in.

All of this may seem awkward right now, but we will power through until it becomes routine. Being able to be a support to you during these stressful times is our priority and establishing safety for that support will require changes in procedures.

If you have any questions or concerns please contact your therapist.

And STAY SAFE!

NAME/SIGNATURE

WITNESS

DATE

DATE