

# Welcome to our Practice

Thank you for selecting our wellness team! We will strive to provide you with the best possible care. If you have any questions or need assistance, please ask us- we will be happy to help.

Dx	Therapist	Date
Client Informat	ion	
Client Name		
Date of Birth	Age	Sex: □Male □ Female
Is the client a minor?	Yes □ No Parent/Legal Gua	ardian Name (If Applicable)
If the client is a minor, In the	he case of separation or divorc	e, which parent has legal custody?
Home Address		
Home Phone	Cell Phone	Work Phone
Calls will be discreet. A	ny restrictions?	
Email Address		
Referral Source		May we thank them? ☐ Yes ☐ No
*Can we add your en	mail to our constant co	ntact email blast? □ Yes □ No
Responsible Pa	rty	
		person who is financially responsible for this account. d in for services is considered the responsible party)
Name of Responsible Pa	rty	
Relationship to client		-
Date of Birth		_ SS#
Address		
City	State	Zip



### Employer

Occupation	
Work Phone	Ext
Home Phone	_ Cell Phone
Emergency Contact Information In the event of an emergency, whom should v	we contact?
Name	
Phone	
Relationship to client or family	
Insurance Information	
Name of Insured	Relationship to Patient
Address of Insured	
Phone # of Insured	
Insured's Birth date	
SS#	
Employer	
Occupation	
Insurance Company	
Policy #	Group #
Insurance Company Contact Phone # (on card)	
Insurance address for claims (mandatory)	



## Authorization and Release

I authorize the release of any information including the diagnosis and the records of any treatment or examination rendered to me or my child during the period of such care to third party payers and/or other health practitioners.

I authorize and request my insurance company to pay directly to the doctor or doctor's group insurance benefits otherwise payable to me.

I understand that my insurance carrier may pay less than the actual bill for services. I agree to be responsible for payment of all services rendered on my behalf or my dependents.

X		
Signature of patient or parent/guardian of minor.	Date	

## A note about Insurance

As a courtesy, our office will complete and submit your insurance forms to achieve maximum reimbursement to which you are entitled. Please remember that you are ultimately responsible for all expenses incurred. We urge you to read your policy and/or contact your insurance provider so that you are fully aware of coverage and any limitations of the benefits provided.

# **Cancellation Policy**

Your time is reserved especially for you. As a courtesy to other clients and our staff, if you are unable to keep your appointment, we require a 24-hour notice of cancellation.

We charge the <u>full session</u> fee for any failed appointment or appointment cancelled with less than 24 hours notice. This fee will NOT be reimbursed by your insurance provider. Medical emergencies are exempt from this policy.

For the Initial Evaluation a 50% credit card deposit is required to schedule (\$150) and will be billed for **any failed appointment or appointment cancelled with less than 24** hours notice.



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# Client Information Sheet

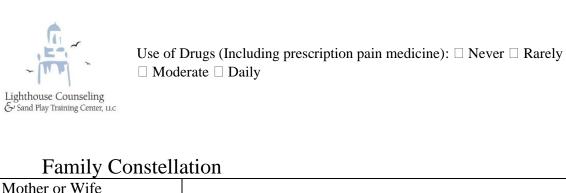
As a new client, please fill out the information on this form to the best of your ability.
Client Name Age:
Marital Status: $\square$ Child $\square$ Single Adult $\square$ Married $\square$ Separated $\square$ Divorced $\square$ Widowed
History of Present Problem
Briefly describe the difficulties which have led you to seek services at this time:
Severity: (How severe is the problem on a scale of 1-10)  Duration: (How long have you had this problem, or when did it start)
Medical History
Current Physician: Phone:
Current Psychiatrist: Phone:
Is the client receiving medical treatment for any condition now or within the past year? $\Box$ Yes $\Box$ No If yes, please explain:
Please list any current medications you are taking:



Medication	Dose	Reason Taking	Prescribed by

Has the identified client ever received any of the following psychiatric services?

		Details (e.g. Provider Name, Dates of Service)
Outpatient counseling	☐ Yes ☐ No	
Psychiatric Emergency Screening Services	□ Yes □ No	
Inpatient Psychiatric Hospital Stay	□ Yes □ No	
Drug/Alcohol Rehabilitation	□ Yes □ No	
Therapeutic Residential Program	□ Yes □ No	
Child Study Team Evaluation	☐ Yes ☐ No	
Social History School Currently Attending:		Grade:
Employer:		Position:
History of Legal Charges or Ar	rests: ☐ Yes ☐ No	Explain:
Use of Alcohol: ☐ Never ☐ Ra	rely □ Moderate □	Daily



Family Constell	ation	
Mother or Wife		
Father or Husband		
Siblings or Children		
Step-Parent/Child/Siblings		
Others Living in Household		
Life Changes		
Has the client or family expe	erienced any major life of	changes lately?
<ul> <li>☐ Move/Relocation</li> <li>☐ Change of the control of th</li></ul>	astrophic Illness Unen	nployment/Financial Problems
☐ DCPP (DYFS) Involvement	If so, when & wh	y?
	DCPP Case Mana	ager:
following questions:  If you are the parent of a mi	nor child seeking servic	ng services, please respond to the ees, answer question on their behalf
How would you describe yo	ur mood most of the tim	ie?
<ul><li>☐ Cheerful/Happy</li><li>☐ Sad/Depressed</li><li>☐ Changes All the Time</li></ul>	<ul><li>☐ Anxious/ Nervous</li><li>☐ Angry/Irritable</li><li>☐ Bland/Unfeeling</li></ul>	Other
Has the client ever	I	Details:

- In A	Attempted Suicide	□ No	☐ Yes
Lighthouse Counseling & Sand Play Training Center, LLC  Yes	Currently have suicidal though	hts $\square$ No	
Engaged in self-injuri	ous behavior $\square$ No $\square$ Yes		
Has the client ever  Been a Victim or V	. Witnessed Sexual Abuse	•	any response:
☐ Been a Victim or \	Witnessed Domestic Violence		
☐ Suffered a Trauma	atic Experience		
Is there any additiona	l information which you feel is	important to s	share at this time?
If the child is a minor for help?	, are parent(s)/legal guardian(s Yes	) in agreement	about the child's need

Thank you for your responses!



# Financial Agreement (effective November 1, 2023)

## **Counseling Services:**

Initial Evaluation - 50% credit card deposit required to schedule	\$350/60 min
initial Evaluation - 30% credit card deposit required to schedule	
T 11 75 77 17 17 17 17 17 17 17 17 17 17 17 17	\$400/75 min
Family/Parent Sessions (50-60 minutes)	\$230
EMDR Eye Movement Desensitization Reprocessing	\$230
Supervision (50 minutes)	\$200
Marriage Counseling	\$230
Supervised Visitation	Contact Sara for pricing
Individual Sessions	
16-37 Minutes (90832)	\$150
38-52 Minutes (90834)	\$200
53-60 Minutes (90837)	\$230
Phone Sessions (Billed in 15-minute increments, not reimbursab	le by insurance)
Every 15 minutes	\$50
Group Therapy	
45 minutes	\$75
60 Minutes	\$85
75 Minutes	\$95
Coaching	
9	\$550
Initial Evaluation	'
Ongoing sessions (phone, video, office)	\$50/15 min

#### **Miscellaneous Services:** (Fees must be paid in advance)

Letter Preparation \$170 +
Brief Treatment Summary No Charge
Full Day Court Fee \$4,000. + Travel

## No Surprises Act

The No Surprises Act was designed to protect clients from receiving unexpected medical bills. As of January 1, 2022, state-licensed or certified health care providers need to give a Good Faith Estimate of healthcare charges to every new and continuing client who is either uninsured or is not planning to submit a claim to their insurance for the health services they seek.

The owners and affiliates of Lighthouse are using available resources to design No Surprises Act compliant paper- work. Therefore, please email your therapist regarding the Good Faith Estimate if you do NOT have insurances or do NOT intend to use your insurance to cover your services.

Effective November 1, 2023, we have updated all current financial rates on our website (under New Client Forms). You may request a paper copy of all financial rates at any time, and, if necessary, this paperwork can also be read to you either in person or over the phone.

# Gretchen Morgan, MSW, LCSW 11/1/2023



# Financial Agreement (page2)

### **Phone Rates:**

Phone calls will be charged for anything longer than 5 minutes. Each phone call will be billed \$50. for each 15-minute increment. Although scheduled "phone sessions" can be submitted and reimbursed by the insurance company, your Insurance Company may not pay for unscheduled sessions. You are responsible for all phone call charges.

#### **Cancellation Policy:**

Your appointment time is reserved especially for you. As a courtesy to other clients and our staff, if you are unable to keep your appointment, we require a <u>24-hour notice of cancellation</u>. Failure to attend the appointment and notify your Treatment Provider will result in a charge of the <u>FULL</u> scheduled session fee. This charge is billed directly to the client. For the Initial Evaluation a 50% credit card deposit is required to schedule (\$150) and will be billed for any failed appointment or appointment cancelled with less than 24 hours notice.

#### **Returned Checks:**

There will be a \$50 Service Charge for all returned checks.

Discount for Cash, Check, Venmo of \$5 per session.



#### **Terms & Conditions**

- ➤ All payments are due at the time of each session unless other arrangements are made in advance
- ➤ I understand that my "Out of Network" insurance is accepted as a courtesy, and that if my insurance provider should fail to reimburse for any of the services rendered, then I will be financially responsible for any unpaid balance.
- ➤ I understand tat it is my own responsibility to be aware of my insurance benefits (e.g., max benefits per year).
- ➤ I understand ad agree that fees for services will be billed directly to my insurance company by Lighthouse Counseling & Sand Play Training Center, LLC.
- > Account balances must be paid in full on a monthly basis
- Any account balance not paid in full within 45 Days of statement due date will be assessed a \$30 Service Fee and assigned for legal recovery with *I.C.Systems*, a professional collection agency.
- ➤ Should my unpaid account be assigned for legal collection, I understand that I will be responsible for all collections costs, which included the original debt owed, a collections charge of 30% of balance, Penalty Interest accrual rate of 16% (per applicable NJ Law) and any other legal and debt fees incurred in relation to recovery of outstanding amount balances.

I have read & understand the payment policy and agree to abide by its guidelines.		
Signature of Client or Parent/Guardian	Date	Witness Signature
Client/Parent/Guardian accepted	dec	clined a copy of this document



# Consent to Treatment

e cl	ent is a minor, Name of parent/guardian giving consent to treatment:
	s form is to document that you willfully give permission to a Treatment Provider of Lighthouse ling & Sand Play Training Center, LLC. to provide psychotherapeutic treatment to yourself and/minor child.
	Terms & Conditions
$\triangleright$	A typical session lasts 50 minutes, unless planned otherwise.
	Parents/Guardians are expected to be onsite while children are within the counseling session and to appropriately supervise any children within the waiting area, to prevent disturbing others.
>	Conversations within the counseling session will almost always be confidential.
>	If the client is a minor, I understand that I have the right to general information on issue and progress, however some information shared in this professional relationship will be held in confidence by the Treatment Provider and the minor child.
>	As Healthcare Providers, the Staff at LCSPTC, LLC., must by law report actual or suspected child or elder abuse to the appropriate authorities. Childhood abuse reporting mandatory in all 50 states.
>	As Healthcare Providers, the Staff at LCSPTC, LLC., have a legal responsibility to protect anyone that may threaten harmful or dangerous actions against self and/or anoth person(s) and may break confidentiality of our communications if such a situation arise However, the Staff will make reasonable efforts to resolve these situations before breaking confidentiality.
>	Regarding consultation procedures, there may be occasion when treatment providers m need to consult with clinical supervisors and/or in the interest of protecting the safety of the client or another whom may be at risk. In these situations, we will make every effort to maintain confidentiality, however in a situation of mandatory reporting, we will be required by law to disclose certain identifying and situational information.
>	To safeguard confidentiality and preserve the integrity of the therapeutic relationship, the staff at LCSPTC, Inc., do NOT voluntarily become involved in client legal matters (e.g. custody, visitation, litigation against another, etc.).
>	If at any time, I am dissatisfied with this therapy, I agree to fully discuss my views, reasons, and plans with my Treatment Provider.
	claimer: While I expect benefits from this treatment, I fully understand that because of
fac	fors beyond our control, such benefits and particular outcomes cannot be guaranteed.

Client/Parent/Guardian \_\_\_\_\_ accepted \_\_\_\_\_declined a copy of this document



# Authorization for Credit Card Use Lighthouse Counseling and Sand Play Training Center, LLC.

I,, author	rize Lighthouse Counseling & Sand Play
Training Center, LLC. To charge my (o credit card I have provided. I understand	or my child's) psychotherapy sessions to the d that this credit card will also be used to s, letters, and any other bills associated with
You may request an itemized bill in ass Itemized bills are sent out once per more	· · · · · · · · · · · · · · · · · · ·
	intake packet. Please review this form and lling manager, Jennifer Morris, if you have any
Please advise your treating therapist if y is no interruption in services.	your credit card number changes so that there
This authorization will remain in effect	until revoked verbally or in writing.
Client/Responsible Party	Date
Witness	Date



## **Authorization to Use Clinical Work**

The staff at Lighthouse Counseling & Sand Play Training Center, LLC., are committed to providing excellence in healthcare to our clients and their families as well as to other professionals. All the LCSPTC partners and many of our affiliates have taught Graduate or Undergraduate students at local universities and currently provide clinical instruction to other professionals in the field. Through the course of our instruction, we have recognized that it is most beneficial to utilize examples of our client's work to demonstrate various forms of intervention and treatment process. You are under no obligation to grant us authorization to use the requested information, however we believe that with these resources, we are better able to train competent and skilled professionals.

I hereby give my permission/authorization for the Staff at Lighthouse Counseling & Sand Play Training Center, LLC. To use copies of my and/or my child's: ☐ Artwork (drawings, paintings, etc.) ☐ Sand Play photos ☐ Clinical Narrative (presenting problem, interventions used, etc.) I understand that this information will be used for educational, informational and training purposes. The staff at Lighthouse Counseling & Sand Play Training Center, LLC., value and respect your confidentiality. At NO time will any personally identifying information (such as name, address, etc.) be shared with others who might view any of the authorized work. This authorization may be revoked at any time in writing by contacting my Treatment Provider. Client Name: Client/Parent/Guardian Signature \_\_\_\_\_ Date:

> Lighthouse Counseling & Sand Play Training Center, LLC. 615 Hope Road, Bldg 3A Eatontown, NJ 07724 Ph. (732) 380-1575 Fax (732) 380-1578



## **Notice of Disclosures and Practices**

#### I. Disclosure of Financial Interest

Public law of the State of New Jersey mandates that providers of healthcare services inform clients/patients of any significant financial interest which may be held in a health care service.

### II. Disclosure of Relationship

Accordingly, we wish to inform you that the partners of LCSPTC, LLC. do have a financial interest in the healthcare services provided under the auspices of the center to which we may refer to, including counseling, clinical trainings, and clinical supervision.

While we strongly believe in the clinical training and expertise of our staff, you may of course seek treatment at a health care service or provider of your own choice at any time.

Upon request, we will gladly provide a listing of alternative healthcare service providers. You may also consult the classified section of your telephone directory under the appropriate provider heading or contact your insurance carrier for a listing of providers.

Additionally, LCSPTC, LLC. Owner, Gretchen Morgan, and Affiliate, Heather Koenigsfest, are sales representatives for doTERRA® and receive commissions on the sale of their products. Charlotte Stant, Gretchen Morgan's daughter is a sales representative for Rodan + Fields® and receives commissions on the sale of their products.

#### **III.** Notice of Privacy Practices

Under the Health Insurance Portability and Accountability Act (HIPAA) of 1996, it is required that all providers of medical and health services provide written notice of their Privacy Practices. Attached is a notice of our Official Privacy Policy Statement; it will remain in effect each year unless you are notified in writing of changes.

Please sign this form,	which will acknowledge that you have been informed of the
above disclosures and	received the official Notice of Privacy Practices.

Signed:	Date:
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# LIGHTHOUSE COUNSELING & SANDPLAY TRAING CENTER, LLC.

#### INSURANCE COMPANY INFORMATION

The following information sheet is to inform clients about their responsibilities as well as help manage client expectations about the billing process at our office.

- 1) Clients are 100% responsible for their full session fess. There are no exceptions to this rule. A fee schedule is provided to all new clients in their welcome packet and is posted in the reception area.
- 2) Clients must pay their full session fee at the time of each session.
- 3) Medicaid, Medicare and all HMOs do NOT reimburse for any of our fees.
- 4) LCWC does not participate in any insurance companies. We are all "out-of-network" providers.
- 5) Clients are solely responsible for obtaining "pre-authorization" for their treatment. Clients must contact their insurance company before starting treatment to see if they need "pre-authorization" for mental health services.
- 6) Our Billing Manager submits claims every two weeks.
- 7) Although claims are submitted electronically, it will take **minimum** of 45 days for each claim to be processed. It is our experience that Insurance Companies will report that claims are "missing" or "can not be located in the system" when the claims have, in fact, been filed correctly and in a timely manner. Please do not contact the office about a missing claim unless it has been 60 days since the session date.
- 8) Our Billing Manager's primary responsibility is to submit HCFA's to the insurance companies. The Billing Manager can also provide billing statements to clients. Our Billing Manager is not responsible for tracking clients down to pay their bill. If you have a question for our Billing Manager, please leave it on her confidential voicemail (ext.310) or email (jennifermorris@yahoo.com) and she will send you the information you need. The Billing Manager is responsible for several hundred accounts and will not call any client back, as their request can be taken care of without a phone call.
- 9) As a courtesy, clients will receive one bill stating that their account is past due. It is the client's responsibility to pay the bill immediately. All accounts that are 30 days past due will be sent to our collections agency, I.C. Systems. Once an account is in collections, the Billing Manager can not remove the account from collections unless a full payment (plus a 35% fee) is received at the office.



#### NOTICE OF PRIVACY PRACTICES CONTINUED

### **II. Your Privacy Rights As Our Client**

Access: Upon written request, you have the right to inspect and get copies of your health information (and that of an individual for whom you are a legal guardian). There will be some limited exceptions. Psychotherapy notes are excluded from the legal provision that gives clients/patients the right to see and copy their health information. If you wish to examine your health information, you will need to submit your request n writing to the address listed at the bottom of this notice. Once approved, an appointment can be made to review your records.

Amendment: You have the right to amend your PHI if you feel it is inaccurate or incomplete. You request must be in writing and must include an explanation of why the information should be amended. Under certain circumstances, your request may be denied.

Non-Routine Disclosures: You have the right to request an accounting of my disclosure of you PHI made for purposed other than treatment, payment o healthcare operations as described in this notice. The practice is not required to account for disclosures (1) which you requested, (2) which you authorized by signing an authorization to release medical information form, (3) to friends or family members authorized to be involved in your care, and (4) certain other disclosures my practice is permitted to make without your authorization. The request for an accounting must be made in writing to the address below and should include the time period for which you wish the accounting to include up to a six-year period.

Revocation: You have the right to revoke a prior authorization to release your PHI. All requests to revoke authorization of PHI, must be done so in writing by completing the Revocation of Authorization for Disclosure of Health Information Form. Contact the Privacy Officer to obtain a copy of this form.

#### **Questions and Complaints:**

If you think that we may have violated your privacy right, or you disagree with a decision made abut the access to you PHI, you may file a written complaint with Gretchen Morgan, LCSW at the address listed below. You may also send a written complaint to the Secretary of the department of Health and Human Services. We will take no retaliatory action against you if you file a complaint about our privacy practices.

#### **How to Contact Us:**

Direct correspondence and concerns to the Privacy Officer at: Privacy Officer: Gretchen Morgan

Practice Name: Lighthouse Counseling and Sand Play Training Center, LLC.

Victoria Plaza 615 Hope Road, Bldg. 3A Eatontown, NJ 07724

Phone: (732) 380-1575 Fax: (732) 380-1578



Social Workers and Licensed Counselors are licensed or certified by the State of New Jersey within the Division of Consumer Affairs. You may notify the board of any complaint relative to the practice conducted by a Social Worker or Professional Counselor.

The Social Work Board's address is:	The Professional Counselor Examiners address
is:	
Division of Consumer Affairs	Division of Consumer Affairs
Board of Social Work Examiners	State Board of Marriage & Family Therapy
Examiners	
P.O. Box 45033	P.O. Box 45007
124 Halsey Street	Newark, New Jersey 07101
Newark, New Jersey, 07101.	
• • •	e received the HIPPA Policy form as well as the at I have the option to receive copies of all forms in
Signature	 Date



### **Electronic Communication**

Recognizing the profound impact that technology is having on society, and in accordance with the updated NASW Code of Ethics, which goes into effect 1/1/18, the owners and affiliates of Lighthouse Counseling & Sand Play Training Center, LLC, would like to clarify our policies about electronic communications. We want to be transparent, and for our clients to have a clear understanding of how we use technology to deliver services, communicate with our clients, search for information about our clients online, and store sensitive information.

#### **Informed Consent**

- We ask our clients or parents/guardians to provide written consent to the use of and ability to access technology and when appropriate, offer reasonable alternatives. When utilizing technology to communicate, we verify the identity and location of our clients.
- We obtain client consent before conducting an electronic search, gathering information, assessing, and intervening with our clients. With exceptions for compelling professional reasons, such as the need to prevent serious, foreseeable, and imminent harm.

#### **Conflict of Interest**

- We do not communicate with clients using technology for personal or non-workrelated purposes.
- We do not accept requests from, or engage in, personal relationships with clients on social networks or other electronic media.

### **Privacy and Confidentiality**

- We do not solicit information from or about our clients except for *compelling* professional reasons, when disclosure of confidential information is necessary to prevent serious, foreseeable, and imminent harm to a client or others, and as noted above.
- Our agreement includes specific considerations or restrictions for sharing confidential information in person or electronically, (e.g., through email, social media, online video and audio conferencing, text messaging, etc.), among clients,



with others, family or group members.

- As always, we will not discuss confidential information "electronically or in person," unless confidentiality can be ensured.
- Although highly unlikely, we will notify clients of any breach of confidential information in a timely manner.
- While "online" client sessions have proven to be very helpful, and we consistently receive positive feedback about this modality of treatment, confidentiality cannot be guaranteed unless encrypted software is used. At this time, and in order to comply with the 2018 NASW Code of Ethics mandates, our recommendation is that texts and face-to-face communication online be done through servers such as Signal or Viber, which we have researched and found to offer state of the art encryption services.

•	By signing and dating below, I am acknowledging that I have received this			
	Electronic Policy Statement, that I understand both the benefits and limitations of			
	electronic communication and that I have discussed any questions or concerns			
about this document with my treating therapist.				
	Signature Date			

Lighthouse Counseling & Sand Play Training Center, LLC. 615 Hope Road, Bldg 3A Eatontown, NJ 07724 Ph. (732) 380-1575 Fax (732) 380-1578



# AUTHORIZATION TO DISCLOSE HEALTH INFORMATION

Patient Name:	Date of Birth: _				
Address:	Telephone #:				
I hereby authorize my Treatment F	Provider to disclose or obtain my hea	alth information to/from:			
Phone:	Fax:				
The information to be disclosed to	and used by the above is for the following	lowing purpose:			
Continuing Care	Attorney/legal	Insurance O	ther		
Information to be faxed to the rece	eiver: Yes: Fax #:	No:			
Complete Record	Psychiatric Evaluation	Current Treatment Plan	Medication Management		
Admission Assessment	Treatment Plan	Progress Notes	Child Study Team Information		
Diagnosis	Treatment Summary	Medical Information	Educational Information		
Psychosocial Evaluation	Discharge Summary	Legal Records/Information	Other:		
BEHAVIORAL OR MENTAL HI It is my intent that the use of the i disclosing this information to any I understand that I have the right Furthermore, I understand the re- authorization. This authorization	EALTH SERVICES AND INFECTI nformation furnished is prohibited fo other party to whom disclosure is no to revoke this authorization at any vocation will not apply to the exte	ot necessary or required for the purpo- time. I understand that if I revoke ent that my Treatment Provider has from the date of my signature, unless	icable.  ove and that the recipient is prohibited from		
order to assure treatment, payment used or disclosed, as provided in C	t or enrollment or eligibility of bene RF164.524. I understand any disclos otected by federal confidentially rul	fits. I understand that I* may inspe- sure of information carries with it the	is authorization. I need not sign this for inct or obtain a copy of the information to be potential for an unauthorized re-disclosuration of my health information, I can contact		
Date: Patient Signa	nture:	_ Patient is age 14yrs or older: Ye	es or No		
Parent/Guardian:	Legal Represe	ntative:			
Witness:					
Office use only LCWC Treatment Provider Name:	Date Informati	on Released:Sign	ature:		